

Please check out our website for online Worship Services and much more! www.orchardvalleyunited.ca

Direct Deposit ETRANSFER EMAIL:

Please use: treasurer@orchardvalleyunited.ca

Regular Admin Office hours are Mon-Thurs, 8am-12noon.

~All Church offices are closed on Fridays~

Rev. Don's regular office days: Monday - Thursday

Feb 20	Fri	All day 4pm	<ul style="list-style-type: none"> • OVUC Offices closed • Youth and Young Families Night
Feb 21	Sat	8pm	<ul style="list-style-type: none"> • Narcotics Anonymous
Feb 22	Sun	10am	<ul style="list-style-type: none"> • Worship Service • Sunday School Ages 4 – 15!
Feb 23	Mon	10:30am 6:30pm	<ul style="list-style-type: none"> • Spirit Yoga • Visioning – All Chairs encouraged to attend
Feb 24	Tues	10am 6:30pm	<ul style="list-style-type: none"> • Covenanter Committee meeting • Bless, Break, Share Lenten Study
Feb 25	Wed	10am 1pm-3pm 7pm	<ul style="list-style-type: none"> • <i>Seasons of Life session 4 (details below)</i> • Centre 130/Open Arms Resource - OPEN for showers/laundry • Council Meeting
Feb 26	Thurs	10am 10am 1pm	<ul style="list-style-type: none"> • Hope New Minas Al-Anon Family Group • Bless, Break, Share Lenten Study • Games Social

		7pm	<ul style="list-style-type: none"> • Choir Rehearsal
Feb 27	Fri	All day 4pm	<ul style="list-style-type: none"> • OVUC Offices closed • Youth and Young Families Night

Let's help others by being **scent-free** so everyone *feels free* to attend, work at, or just visit our beautiful Church!!

Youth and Young Families Night: Fridays (starting Feb 20th) from 4pm – 6pm. Ages 5+

Activities include:

- June musical prep for youth
- Social time for guardians
- Eat & Greet supper time!

Income tax receipts will be going out starting Monday, February 16th, 2026. If you do not receive it in your email, please let Jane McDonald know at jemcdonald56@orchardvalleyunited.ca. Those without email will have theirs available on Sunday the 22nd.

Scholarships available: Orchard Valley makes available two scholarships, The Rev. Dr. K.G. Sullivan Scholarship and The Arthur R. Allen Memorial Scholarship, each year to graduating students in our catchment area. If you know of a student who is attending Central Kings Rural High School, Horton High School or Northeast Kings Education Centre, please encourage them to ***speak to their guidance counsellor for information on how to apply***. The deadline for receipt of all pieces of the application package is midnight Sunday May 10, 2026.

OVUC Lenten Study – Please join us for this six-week Lenten study using the United Church’s new devotional: **“Bless, Break, Share”**.

Explore themes of food, hunger, and justice through reflective discussions. We are offering 2 time opportunities:

Tuesdays Feb 24th – Mar 31st from 6:30 – 7:30pm

OR

Thursdays Feb 26th – April 2nd from 10 – 11am.

If you have ordered your copy of the book, “Bless, Break, Share: Recipes for Faithful Living”, you can pick it up on Sunday or at your first Lenten Study time. Book payments can be left with Rev Don, left in the Admin Office, or during Sunday Worship. Please remember to designate, “\$20 Lenten Study Book”. Thanks!

Seasons of Life – 6 weeks of discussing “Seasons of Life” – A prescription for successful aging in our 70’s, 80’s and 90’s! Each Wednesday morning at 10am. We will be sending reminders!

Please note our “Week 3” questions to reflect on before Wednesday, February 18th:

Week 4: Grief, Loss, and the Invisible Self

- 1.** What losses have shaped you the most?
- 2.** When have you felt invisible? What helped?
- 3.** How has God met you in seasons of grief?

Coldest Night of the Year - On Feb 28 we will again be joining in the Coldest Night of the Year walk in Kentville in support of Open Arms. This is a winterrific family-friendly fundraising walk in support of local charities serving people experiencing hurt, hunger, and homelessness . . . because It's cold out there!

Fundraising events we have planned -

Feb 22/March 1 - Craft sale continued. You can help by providing craft items, or buying the items!

All proceeds from both fundraisers will be going to our team.

We are also collecting refundables. If you have cans, bottles, etc we will take them off your hands. You can bring them to the church, or we can arrange to pick them up.

Alternatively you can take them to McConnell's/Valley Recycling in Greenwich: tell them the refundables are for Orchard Valley United Church.

Orchard Valley has had an ongoing relationship with Open Arms and has participated in the Coldest Night of the Year walk since it's 1st year.

It is always a fun time and a great way to show our support.

If you have any questions, please see Cheryl Hill.

Sherbrooke Lake camp - With the snow and cold weather, it's nice to think about summer and Sherbrooke Lake Camp. Registration opens on Feb 16. Sherbrooke Lake offers weeklong camping opportunities for children and youth ages 6 - 15 and has 2 family camps. Last year, they started a 'Golden Getaway' weekend for campers 50+.

Orchard Valley wants all children and families to be able to go to camp. If you are interested in camping please let us know so we can discuss how to support you.

Gluten Free Cookbook Project! – The Congregational Life Committee is hoping to compile a Gluten Free Cookbook and are looking for your favourite recipes. If you have one (or more!) please



send it to Brenda (bparker@techshop.ns.ca) or drop off at the Admin Office before April 30th. Please be sure to include your name so we know who the recipe(s) came from.

April Tea Collective: We will be having a special Tea Collective on Wednesday, April 29th from 10am – noon. **Driving Decisions Panel Presentation** – presented by RCMP, Alzheimer Society, Young Drivers, Registry of Motor Vehicles (**Please see the attached poster for registration details. Spots are booking up very quickly!**)

Men's Group Fundscrip Orders:

Sunday, February 22 – Orders delivered

Sunday, March 01 – Orders submitted

Sunday, March 08 – Orders delivered

Please contact one of the following men for an order form - Cecil White, Tim Warmington & Ian Godfrey

Subscribe to OVUC's YouTube Channel – Did you know we have a YouTube Channel? Simply select the 'Subscribe' button the next time you are watching one of our videos or during the Live Streamed Worship Service. (Please note that you must have a Google account in order to subscribe.)

https://www.youtube.com/channel/UCEW4VOpk_znrA5qevOqCr9Q

Video Recorded Worship Services – Please view our weekly posted video recorded services by going to our webpage and clicking on "Worship Services/Video Recorded Messages".

Community Events

NA Meetings – Narcotics Anonymous will be holding meetings each week at OVUC: Saturdays at 8pm. For more info, please visit: <https://carna.ca> or 1-902-789-8323

Hope New Minas Al-Anon Family Group – Hope Al-Anon is a fellowship that offers help and hope for families and friends of alcoholics. *The group meets at OVUC on Thursdays, 10-11am and can also be accessed by using FONGO for phone meetings.* To enter the meeting, call 1-902-932-1200 and enter 902-932-7986#. For more information about Al-Anon visit www.al-anonmaritimes.ca or Al-Anon World Service Office at al-anon.org.

Tuesday Afternoon Lifelong Learning Cafe -- Valley Community Learning Association's afternoon adult day program geared more for older adults: Tuesdays, 1:30 to 2:30 pm, at VCLA's Community Hub (118 Oakdene Ave, Kentville). **Seven Sacred Teachings with Carolyn Landry on Feb 24.** Contact Andy and/or see poster for more details.

King's Senior's Safety: We're excited to share the February–April edition of the **Kings Seniors' Safety Newsletter**. Everything we offer is **free**, and each program is designed to empower seniors with practical knowledge, helpful resources, and meaningful connections.

Our goal is simple: to support seniors in staying informed, confident, engaged, and independent within their community. Whether it's safety education, community programs, or opportunities to connect with others, we're here to help.

As a reminder, our team provides:

- **Home Visits**
- **Community Presentations**

- **Special Events**

If you'd like to reach a member of our team, we're always happy to hear from you:

- Trishe Colman, Senior Safety Director —
902.670.0725, trishocolman@kingsseniorsafety.org
- Trisha Urquhart, Senior Safety Coordinator —
902.670.0950, trishaurquhart@kingsseniorsafety.org

Thank you for being part of our community. We hope you enjoy this issue and find it both useful and uplifting. (Please see attachment for newsletter).

Perry W is in Horton High School's INTO THE WOODS!

This bewitching tale weaves the Brothers Grimm versions of familiar characters like Cinderella, Little Red Riding Hood, and Jack (of beanstalk fame) as they venture into the mysterious woods to fulfill their deepest wishes. As their desires intertwine, unexpected consequences unfold, and the characters discover what happens when wishes come true...

Show Dates

Friday, February 20 - 7:00 PM
Saturday, February 21 - 7:00PM
Sunday, February 22 - 2:00PM
Friday, February 27 - 7:00PM
Saturday, February 28 - 2:00PM
Saturday, February 28 - 7:00PM

Tickets are available

now: <https://qaawtheatresociety.ticketspice.com/horton-into-the-woods>

Into the Woods has a runtime of 2 hours and 55 minutes with one intermission and has been assigned a rating of PG-13 by MTI (Musical Theatre International).

