The Sacrament of Communion

The Invitation

May our Creator be present with you.

And also with you.

Let us lift up your hearts

We lift them up to our Creator.

Let us truly give thanks to our Creating God.

It is right to give God thanks and praise.

Thanksgiving

God of life, you nurture and sustain your people.

You bless us with abundance; you gift us with your graciousness; you know our every need.

In the birthing forth of creation you call us into being.

You gift us with health and wholeness; you sustain our every endeavour.

You feed your hungering people.

You call us to work for justice, to share our table with all creation, to feed the needy at our door, to see nobody left in need.

Creator, we give you thanks...

for all that you are and all that you bring to us within your creation.

In Jesus, you placed the Gospel in the Center of the Sacred Circle through which all creation is related.

You show us the way to live a generous and compassionate life.

Give us your strength to live together with respect and commitment as we grow in your spirit.

Song of Creation

Christ has died Christ is risen, Christ will come again!

O Great and Holy Spirit, God of every people, we come to you as your many children,

to ask for your forgiveness and guidance.

Forgive us for our actions that stains our past,

that allowed us to think we could claim superiority over others.

Heal us of ways that divide us.

Remind us that we are all gathered within the sacred circle of your community.

Guide us through your wisdom to restore the truth of our heritage.

Help us to confront the false divisions that splits us as we confess the pain it has caused to the human family.

Call us to kinship.

Let us live in justice and peace, through Jesus Christ, the One who came that all people might live in dignity. Amen.

* **Hymn:** "One Bread, One Body" VU #467

One bread, one body, one Lord of all, One cup of blessing which we bless;

And we, though many, throughout the earth We are one body in this one Lord.

Gentile or Jew, servant or free, woman or man, no more. **R**

Many the gifts, many the works, one in the Lord of all. **R**

Grain for the fields, scattered and grown, gathered to one, for all. **R**

Telling the Story...

Let us remember together...

He took a loaf of bread, and after giving thanks, he broke it, and gave it to them, saying:

"Take, eat. Do this in remembrance of me."

Then, he took a cup, and after giving thanks, he passed it among them, saying:

"Drink this. Do this in remembrance of me."

Through this loaf and cup, Jesus lives within us. In word and deed, Jesus lives among us.

Prayer for Transformation

Sharing the Bread and Wine

Prayer Following Communion

Loving God, we give you thanks for creating us in your image, and for calling us together this day in the hope that our offerings, witness, prayers, songs, and stories may serve to heal, transform and connect us in your compassionate wisdom and love.

As we leave this holy space today, may we continue to live into the life of Christ, who comes that all might live in dignity and peace. Amen.