

Rev. Don Sellsted, Orchard Valley Pastoral Charge

130 Cornwallis Ave, New Minas, NS B4N 3M7 • Phone: (902) 681-0366 • MinisterOVU@bellaliant.com



March 22, 2020

My peace to each of you this day. I continue to pray that we all continue to be doing well. As a church community, our United Church and all places of worship throughout Canada and beyond, are in an unprecedented time of being a community of faith.

We are no longer 'congregating' in our usual place of worship, and it may seem like things have come to a halt. But God doesn't rest. One of my favourite Psalms tells us:

God will not let your foot be moved; your Protector who keeps you will not slumber.

No! God who keeps Israel will neither slumber nor sleep. - Psalm 121:3-4

In the spirit of our resolve to be the church, to be a family of faith, we are working to find alternate ways to meet our spiritual needs. One of my needs is to connect with you! One small part of that is recording shared daily Lenten Reflections. As technology allows with video or telephone, a few opportunities for more of us to connect might be:

- Daily Gathering Time - a simple opportunity to check in and say 'hi' to others;
- Weekly Prayer Circle - Lectio Divina or Visio Divina (these will be explained); and/or
- Weekly Study Session.

Please share your thoughts of ways we can continue to be the church. As always, I am grateful to be one part of this large and joy-filled community of proud champions of the faith, always loving, caring, and compassionate, living out our faith and being one of God's blessed own.

Shalom and blessings,

Rev. Don Sellsted